



METRO-DAGUPAN COLLEGES
Serafica Street, Mangaldan, Pangasinan

ASSESSMENT OF PHYSICAL WELLNESS OF THE METRO-DAGUPAN
COLLEGES PRODUCTIVITY JUNIOR HIGH SCHOOL STUDENTS

An Undergraduate Thesis Presented to the Faculty of

Metro Dagupan Colleges

In Partial Fulfillment of the Requirements

for the Subject RES 102P

Researchers:

Mikyla Kristyana Yu Bautista

Bernadette Bernabe

Mary Jane Marcelo

Lee Melvic Patungan

Jela Mae Soriano



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